



## Lamphills' Instagram Stories Scheduling Checklist

This checklist can help you systematically plan and execute your Instagram Stories scheduling strategy as a content creator or a business owner.

- Preparation:** Under preparation, define your content goals and audience. Create a content calendar with story ideas and themes. Afterward, gather high-resolution visuals and multimedia content. Lastly, write engaging captions and calls to action.
- Tool Setup:** Choose a scheduling tool (e.g., Meta Business Suite, Buffer, Hootsuite). Link your Instagram account(s) to the scheduling tool. Lastly, familiarize yourself with the scheduling interface and features.
- Scheduling Process:** Use tools like Canva for visuals, and don't forget to draft and edit captions for clarity and engagement. Before scheduling posts, use insight to know the right time to post. Afterward, schedule stories to coincide with peak audience activity.
- Customize and Schedule:** Add stickers, links (if eligible), and interactive elements. Don't forget to edit and enhance visuals.
- Review and Manage:** Double-check scheduled posts in your content planner and adjust schedules as needed based on real-time insights.
- Post-Scheduling:** Monitor story performance using analytics tools. Remember to engage with audience interactions promptly. Lastly, adjust future schedules based on performance insights.