| PLATFORM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUND |
|-----------|--------------------------------|-------------------------|---------------------|---------------|---------------|--------------------------|--------------|
| | | | | | | | |
| | How-To Video | How-To Video | How-To Video | TOPIC | TOPIC | TOPIC | TOPIC |
| YOUTUBE | Test post 1 | Test post 2 | Milestone A | Post 1 | Post 2 | No weekend post | No weeker |
| | Best Recipes | Best Recipes | Best Recipes | TOPIC | TOPIC | TOPIC | TOPIC |
| FACEBOOK | Audience poll | Audience poll | Poll results post | Photo feature | Photo feature | Weekend audience poll | Poll results |
| | Career Goals | Career Goals | Career Goals | TOPIC | TOPIC | TOPIC | TOPIC |
| LINKEDIN | Audience poll | Audience poll | Poll results post | Top 5 article | Photo feature | No weekend post | No weeke |
| | Campaign Beta | Campaign Beta | Campaign Beta | TOPIC | TOPIC | TOPIC | TOPIC |
| INSTAGRAM | Internal meeting - no posts | Campaign Beta launch | Campaign Beta video | Photo feature | Photo feature | Weekend audience poll | Poll results |
| | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC |
| TIKTOK | | | | | | | |
| | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC |
| OTHER | | | | | | | |
| | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC |
| OTHER | | | | | | | |
| | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC | TOPIC |
| OTHER | | | | | | | |